Checkpoint 6

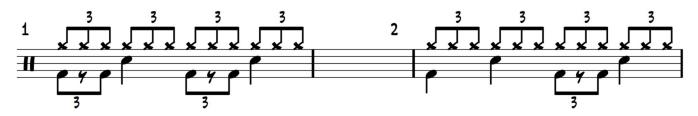
- I can explain what a triplet is
- I can play triplet rhythms using alternate sticking with quarter notes on the bass drum
- I can play quarter note and eighth note triplet rhythms with quarter notes on the bass drum
- I can play 12/8 rhythms with a range of different bass drum patterns while keeping a steady tempo
- I can play a 12/8 beat along with music
- I can play a song using quarter notes, even eighth notes and eighth note triplets
- I can create a fill using eighth note triplets and add it into my playing while maintaining a steady pulse
- I can play a song in a 12/8 feel and include some Improvised fills

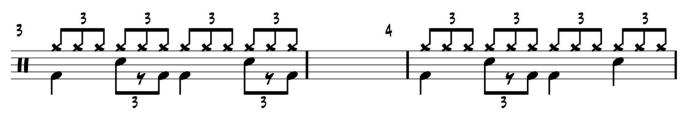
A triplet is 3 notes played evenly in the time of two notes

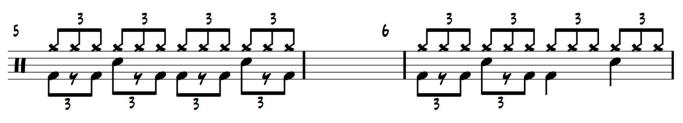
(of the same note value)

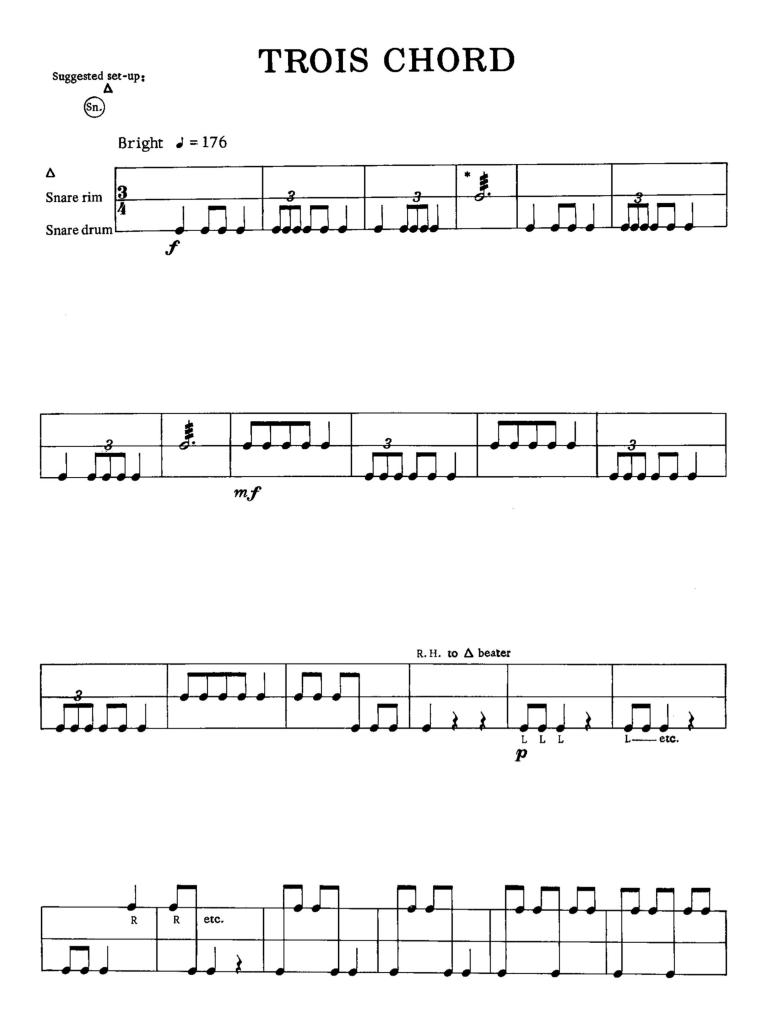












* Rolls on rim are to be played as single strokes.









