

Measured Double Stroke Rolls

5 Stroke Roll

RLR LRL RrLlR LrRrL RrLlR LrRrL

R LR L RL R RrLlL LrRrR R RrLlL LrRrR

7 Stroke Roll

R LRL R LRL R LRLR LRL

R LR L R LR L RLRL

9 Stroke Roll

R LR L R L LR L RrLlRrLlR LrRrLlRrL

17 Stroke Roll

R LR L R LR L RrLlRrLlRrLlRrLlRrLl